



## Connections.... a newsletter from The Springboard Group™

Guiding Women Through Life's Transitions

[www.LaunchingNewLives.com](http://www.LaunchingNewLives.com)

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Dear Subscriber,

Welcome to our February 2008 issue of *Springboard Connections*™, our complimentary monthly newsletter. As we noted in our last newsletter, the resources needed to facilitate life transitions may come from a variety of community organizations, agencies, or other service providers. As you will read below, this month's focus is on Comfort Zone Camp, a fun and safe place for grieving children. If you are aware of a resource provider, group, or agency that helps ease difficult life transitions, please [send us an email](#). We would love to help connect them with the greater community !

Thank you for your continued interest, support, and referrals for *Springboard*™ services. We value your feedback and suggestions for improving our member and provider services, as well as for enhancing the value of this newsletter. If you no longer wish to receive this monthly newsletter, you may un-subscribe at the bottom of this newsletter (click on "Manage your subscription").

Please feel free to pass this and future *Springboard*™ newsletters on to your family, friends, co-workers, or others that may be seeking guidance for a transition (see "Forward to a Friend" at the bottom of this newsletter). They can also sign up for our complimentary newsletter on [our website](#).

We are here to help!

Ann, Greg, & Janice  
*Your Springboard Partners*

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### What's New. . .

- For those of you that may have missed our teleclass, we expect to post the audio transcript of "**The Power of Forgiveness**" on our website for complimentary access in the near future. If you would like to be notified when this audio teleclass is posted, please [click here](#).

- As a means to restoring and renewing lives after divorce or death of a loved one, Springboard's **E-Respond Package** ( includes 12 part monthly series, in-depth articles and reports, on-line member-only blog , teleclasses, e-courses, and access to the Springboard Simplifies™ network) is now available in our [marketplace](#).
- The Springboard Group is now registered as a Life Transition Resource provider for [Senior Navigator - Virginia's Resource for Health and Aging](#). As a statewide resource service provider, Springboard is available to assist those boomer children (primarily women ) and their parents who are struggling with life transitions such as death of a spouse.

### ***Did You Know That . . . .***

- ***Teleclasses are a convenient way to learn and meet with others without ever leaving your own home ?*** To take a teleclass, you simply make a telephone call on the date and time of the class and input the pin number. You will be connected to the class immediately to introduce yourself, and to meet the others on the call. You can participate as much or as long as you like and can participate from the convenience of your home or office without traveling ! If you do not have unlimited long distance service to make this call, you may want to invest in a long distance card (many of them with very low per minute rates) so your call may cost under \$2.00
- ***90% of women outlive their spouses and the average age of a widow in the US is 56 ?***
- ***The greatest risk to the preservation and protection of assets and the future lifestyle of individuals experiencing divorce or death of a spouse is during the first 6 months of the life transition ?*** A transition assessment and a professional, collaborative, team approach to providing independent and objective guidance can enable you or someone you know to avoid major mistakes! Please [contact us](#) for additional information.

### ***Upcoming Events . . .***

- **Our 2008 Spring Workshop Series** , sponsored by [Owen and Owens](#), is currently being planned for April, May and June 2008. Each workshop will address critical topics faced by those experiencing divorce or death of a loved one. There will be no charge for this workshop series but a reservation is required and seating will be limited to 25. Additional details regarding the dates, times, location, specific topics, and speakers will be posted on our website and in future newsletters.
- The *Springboard* Group will be presenting to various groups community groups ( professional, faith-based, associations, women's groups, etc) on **The Dangers, Obstacles, and Opportunities of the Life Transition Journey** . Should these presentations be open to the general public, the details will be posted on our website and in future newsletters. If you are interested in arranging a speaker for your group, [please contact us](#).

**Community Resource Spotlight . . .**

**Comfort Zone Camp**

*“a fun and safe place for grieving children”*

The nation's largest children's bereavement camp is based in Richmond and offers camps here, and since 9/11, also in NJ. It was founded in 1998 by Lynne and Kelly Hughes and inspired by Lynne's childhood loss of both parents by age 12. Her early losses fueled the mission for children to know they are not alone, and to safely share their grief experiences. Children ages 7-17 who have lost parents/siblings attend camps at no charge, with volunteer counselors and community support. Lynne's book, [You Are Not Alone](#), is featured in our [Springboard Marketplace Books](#) with other resources for those helping children cope with grief. To volunteer, contact [dennis@comfortzonecamp.org](mailto:dennis@comfortzonecamp.org) or visit the [Comfort Zone Camp website](#).

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