



February 2009

Springboard • Connections

from Springboard Connects & Simplifies Networks

Download our
new Press Kit
[here!](#)

Lots of
"NEWS" in
THIS ISSUE

Newsletter Update

Buy 1 Share 1
New Memberships

Estate Management
Resources

Meet our
New Coach

New Community
[Events Calendar](#)

Our

A special welcome to all of our new newsletter subscribers. You have joined a growing community of individuals and professionals who share an interest in the issues that impact us all during a personal life transition.

This issue marks a slightly different focus for our newsletter. Now "brought to you" by our Network Providers, it looks similar; however, the content will include more contributions directly from our providers, sharing information, articles, events, etc. with our **Springboard™ newsletter community**. Our Network of professionals and businesses bring extensive knowledge and experience to the clients they serve. Contact them through our Provider Directory [here](#).

Everyone, everywhere, is feeling the recession. Financial issues strain individuals, organizations, families, marriages, work life, even our leisure resources... (and more). **Springboard's** resources to support an individual in a life transition are also available to **companies, professional and civic groups, and organizations**. Learn more [here](#).

For the current budget-conscious times, we are offering a special **Springboard Membership** program called "**Buy One-Share One**". Easy directions are below; if you have considered joining, this is the very best way to do it! By reaching out to share with someone who needs supportive and educational information during a job transition, divorce, or other challenge, you help us double the impact we can have.

Please [send](#) your suggestions for other ways **Springboard** can assist you, your company/colleagues, and community.

Warmly,

Janice

Janice Burroughs, President
The Springboard Group, Inc.

"Buy One-Share One", A Special Membership Offer - for a limited time (not sure how long) we will include a Membership Gift Certificate free with *all* Individual Springboard Memberships purchased.

Send someone a gift membership, at no additional cost, and wherever they live they will be connected with our network, articles, and more. You can email or mail it with a note. Think of friends, relatives, co-workers who would appreciate informational and

Book Corner for

grief support
divorce support
career transition
children & divorce
life management

Let Us
Hear From You!

Join Our Blog

A Free Online
Community of
of support and
sharing

Helpful Links

Shop Affiliates!

Great
companies support
Springboard™
with value for you.

Have a question related
to life transitions?
Send suggestions for future
newsletter topics to:
info@launchingnewlives.com.

support resources right now.

How does it work? Use this button to visit our website, create a user account, and select an Individual Membership to purchase. You will automatically receive a Gift Membership with your receipt. Here is the easy link:



Focus on Springboard Resources: *Springboard™* Estate Management [Tools](#)

A special package of information and tools to help you cope with the death of a loved one. [Read More](#) for a full description and order form. We bundled together:

- [3 Recorded Classes \(MP3 format\):](#) Credit Care and Repair, Putting Kids First in Estate Planning, Weathering a Down Economy
- [Life.doc organizer:](#) Pulls legal, insurance, financial and health information together in one binder
- [One Year of Springboard- Transitions,](#) our custom-written self study program of monthly online modules with coping strategies, inspirational support, recommended reading and suggested action steps to move through your journey.

Meet Our Newest Springboard • Connects Network Member

Shannon Bruce, CPCC, PCC

Personal transitions have molded Shannon's life journey: divorce, job changes, and a daughter's health challenges. From a career as a CPA, she moved through corporate operations management positions into the direct sales industry. Once a divorced single Mom, Shannon transitioned to becoming a professional certified life coach. Her stated life purpose is *to support women in finding passion, purpose and prosperity for their lives, in spite of the challenges that life brings.* In her five-year coaching career, Shannon has provided faith-based life coaching to help women discover and reclaim their truest selves, and create healthy, whole and abundant lives.

Shannon founded [Inner Wisdom Coaching Services](#) in 2006, a professional coaching team providing coaching, training and inspiration through individual and group coaching, retreats and public speaking. Like *Springboard™*, she helps clients in life challenges capture the opportunity to clarify, discover and recommit to living with passion and purpose. To learn more, contact Shannon@yourgreaterpurpose.com.



Book Corner: For books we recommend for [career, finance, and personal transition](#), visit <http://www.launchingnewlives.com/bookcorner.aspx>
(also books for kids and adults during divorce or the loss of a loved one)

What's New? Community Events now online too! Our website [Events Calendar](#) has expanded to include community information, with links to brochures and other information, making it easier to share community events submitted to us. Please [send your events](#) to post, including support groups, educational opportunities, pdf brochures, to benefit families and individuals. For the full document to print and share, [Link to all here:](#)

- ["Financial Fitness for Young Families"](#) Springboard providers, Karin Jimenez and Meredith Briggs: March 17 and 19, 6:30-8:30pm. (Max. 20) For a registration form, email kjimenez@libertymortgage.net.
- [Grief Support Group](#) 9-week support group for widowed men and women begins March 2009, Tuesday evenings, Bon Air United Methodist Church , 1645 Buford Road , Richmond. Register by March 2: \$25 / Contact: Elaine Nowinski, Ph.D. WidowedGriefGroup@nowinski.com.
- Bon Secours Richmond Health System | [Child and Adolescent Grief program:](#)

Thanks!
First Market Bank [Financial Guidance Group](#),
 A Springboard
 Educational Sponsor

March 16th-May 11th Mondays, 7:00 -8:00 pm Click to download: [Brochure](#) Co-sponsored with Full Circle Grief Center. and [Grief Support Series](#): Wednesdays. 6:30-8PM. March - December; no charge, lead by grief professionals. Register: 627-5371. Full schedule [here](#): Contact: Lee_Peebles@bshsi.org.

What is a [Springboard Sponsorship](#)? It is...

- A full year of **marketing** exposure for your business or practice (website, online newsletters, and print)
- **Support** of Springboard's development of new educational and service programs
- **Recognition** by clients and the community for understanding and contributing to meeting life challenges faced by everyone in their lifetime.

Learn More and Download an Application here: [Sponsor](#)

[Jump right in and](#)



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