

## The *Springboard* Group, Inc. *Presents*

### A Life Transitions Symposium: Resource Fair and Workshops

*Sponsored by First Market Bank Financial Guidance Group*

November 14, 2009 from 1-4 pm

Crossroads Art Center 2016 Staples Mill Rd., Richmond VA 23230

- The Resource Fair is free and open to the community, featuring Springboard's Professional Network's informational resources.
- Register for Workshops, \$15 each, space limited to 30

1:30pm: Embracing Aging Parents: Expert Panel presents strategies for adult children who are juggling busy lives, to avoid role reversal or assuming more responsibility than you can manage, and how to use a team approach for successful transitions. [REGISTER HERE](#)

Cathy Carlock, MSW and Financial Advisor, The Main Street Group

Barbara Dickinson, CTFA, VP and Trust Administrator, First Market Bank Financial Guidance Group

Susan Campbell, President, More Than Moving for Seniors

3pm: Divorce Financial Fitness: Rob Fergusson and Meredith Briggs, CFP

A one hour mini-workshop segment of a larger multi-day program they will be offering later this year, also sponsored by *Springboard*. Take the preview course now to be eligible for an early-bird registration for the full training program! [REGISTER HERE](#)

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**The *Springboard* Group, Inc.** is a single-point-of-entry resource for people seeking assistance with a life transition. Our Springboard Connects™ Network of compassionate life transition professionals has the tools and knowledge to help families and individuals create positive outcomes through life's inevitable changes. For more information and to register for the workshops, email [info@launchingnewlives.com](mailto:info@launchingnewlives.com) or visit [www.LaunchingNewLives.com](http://www.LaunchingNewLives.com).